



La'Toya  
Guillory

Author, Podcast Host and Owner of  
The Intentional Author LLC

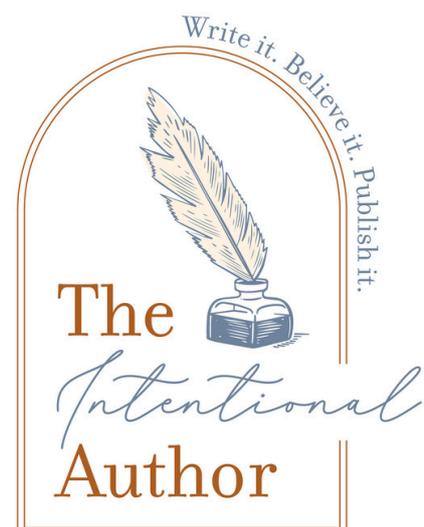
## TOPICS OF INTEREST

- ✓ Women Empowerment
- ✓ Mindfulness
- ✓ Purpose Driven Leadership
- ✓ Intentional Living
- ✓ Customized Topics Available Upon Request

La'Toya Guillory is a Master Mindset Coach, Speaker, and Author who empowers individuals and couples to walk boldly in their God-given purpose. She is the visionary behind The Intentional Author LLC and the founder of the inaugural Acadiana Black Author Expo in Lafayette, Louisiana (2023), a groundbreaking event that celebrated diversity, elevated local voices, and built community through storytelling.

La'Toya is the author of several transformational works, including *Anchored in Christ Anchored in Marriage*, *The Unshakable Marriage Journal*, *The Empowered You Journal*, *The Purposely Driven Journal*, and *Intentionally Living*. Through her books, coaching programs, and speaking engagements, she blends faith, authenticity, and practical strategies to help others strengthen relationships, embrace growth, and live with intention.

With a heart for transformation and a passion for seeing others thrive, La'Toya continues to create resources and experiences that inspire resilience, empowerment, and purpose-driven living.



## Signature Topic:

The Power of Intentional Living: How to Align Your Purpose, Mindset, and Actions for Lasting Impact

## Core Message:

This signature talk teaches audiences how to move from living on autopilot to living with clarity, confidence, and intention. It blends mindset mastery, purpose-driven strategy, and practical tools that help individuals show up fully in their work, relationships, leadership, and personal lives.

## What This Talk Delivers:

This experience helps audiences:

- Identify what intentional living truly means (beyond motivation and inspiration)
- Understand how mindset directly shapes behavior, performance, and fulfillment
- Break free from limiting patterns, burnout cycles, and survival mode
- Create intentional habits that lead to clarity, focus, and impact
- Align personal purpose with professional performance
- Learn how to make empowered decisions instead of reactive ones

## This Talk is Perfect for:

Corporate teams, Leadership Retreats, Nonprofits, Educational Institutions, Women's Organizations, Faith Based organizations, Entrepreneur Networks, Conferences and Summits

## After This Talk, Participants Will Walk Away With:

- Clear strategies for intentional decision making
- Tools to increase focus, productivity, and emotional resilience
- A renewed sense of purpose and motivation
- A practical blueprint they can immediately apply to work and Life

## PUBLISHED WORKS:

- Intentionally Living
- Anchored Book and Study Guide
- The Empowered You Journal
- Unshakable Marriage Journal
- Purposely Driven Journal
- Purposely Driven Podcast

## FEATURED ON

- ✓ The Tea Podcast
- ✓ Lafayette Storytellers
- ✓ Narc Free Living Podcast
- ✓ R.E.S.E.T with J and more...



# SPEAKER PACKAGES

## GOLD PACKAGE:

- Professional Keynote or Workshop
- 200 Books
- Book Signing and Q & A
- Blog & Social Media Feature

## SILVER PACKAGE:

- Professional Keynote or Workshop
- 100 Books
- Blog & Social Media Feature

## BRONZE PACKAGE:

- Professional Keynote or Workshop
- 50 Books
- Blog & Social Media Feature



Please feel free to reach out for any questions.

## CLIENT FEEDBACK

Coach La'Toya coaching course "From Pages to Programs: Transform Your Expertise into Coaching Content" is excellent! I have received a wealth of knowledge.

***Dr. Sharmonia Wimberly***

Fun and interactive presentation and so informative!

***Cameron Hulin***

## Get in Touch!

✉ [info@theintentionalauthor.com](mailto:info@theintentionalauthor.com)

🌐 [www.theintentionalauthor.com](http://www.theintentionalauthor.com)

🌐 [www.latoyaguillorywrites.com](http://www.latoyaguillorywrites.com)

☎ 337.541.0562